Vitamin D Status Assessment: Lack of Correlation between Serum and Hair 25-hydroxycholecalciferol Levels in Healthy Young Adults

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Table S1. MRM transitions and parameters for vitamin D analysis

Analyte	Retention Time (min)	MRM transition	Collision energy (eV)	Declustering Potential
25(OH)D3	5.40	558.4 – 298.1	20	100
d6-25(OH)D3	5.40	564.4 – 298.1	20	100
vitamin D3	8.95	560.4 – 298.1	18	100
d3-vitamin D3	8.95	563.4 – 301.1	18	100
1,25(OH)2D3	4.95	574.1 – 314.1	15	50

Table S2. Multiple regression analysis of the serum 25(OH)D3 levels at the second sampling timepoint (t2).

Variable	Estimate	Standard error	|t|	P value
Intercept	32.56	16.92	1.924	0.0687
Gender	-2.347	3.571	0.6573	0.5185
Takes supplements?	0.4874	2.432	0.2004	0.8432
Exposed to sun?	5.721	2.494	2.294	0.0328
BMI	-0.8865	0.7123	1.245	0.2277
Physical activity	3.857	2.776	1.390	0.1799

Table S3. Multiple regression analysis of the serum 25(OH)D3 levels at the first sampling timepoint (t1).

Variable	Estimate	Standard error	|t|	P value
Intercept	14.48	17.73	0.8167	0.4237
Gender	0.4714	3.659	0.1288	0.8988
Takes supplements?	5.382	2.558	2.104	0.0482
Exposed to sun?	4.439	2.527	1.757	0.0942
BMI	-0.3728	0.7551	0.4938	0.6268
Physical activity	2.900	2.811	1.032	0.3145