

Table S1. PROMs values in males and females.

Parameter	males			females		p Mann-Whitney U test
	week	median	±QD	median	±QD	
VAS	0	5.00	1.75	6.00	2.00	0.032
	2	3.00	1.50	4.00	1.50	0.423
	4	3.00	1.00	4.00	1.50	0.068
	8	2.50	2.00	3.50	2.00	0.220
	12	2.00	1.50	3.00	2.00	0.356
	24	1.00	2.00	3.00	2.00	0.013
	52	1.00	2.00	2.00	2.25	0.219
	104	0.00	1.00	1.00	1.50	0.143
ΔVAS (vs week 0)	2	1.00	1.00	2.00	2.00	0.054
	4	2.00	2.00	2.00	2.00	0.549
	8	2.00	2.00	3.00	2.00	0.351
	12	2.00	2.50	3.00	2.00	0.280
	24	2.00	2.00	3.00	2.00	0.785
	52	2.00	2.00	4.00	2.50	0.446
	104	3.00	2.25	4.00	2.00	0.411
QDASH	0	42.05	13.66	59.09	12.48	0.000
	2	29.55	13.07	45.45	15.91	0.003
	4	30.68	11.93	43.18	14.77	0.005
	8	29.55	14.20	36.36	19.32	0.017
	12	25.00	14.77	32.95	20.45	0.016
	24	13.64	15.91	34.09	21.02	0.000
	52	13.64	16.48	27.27	22.16	0.007
	104	2.27	11.36	19.09	21.59	0.009
ΔQDASH (vs week 0)	2	4.55	10.23	6.82	14.77	0.384
	4	7.16	15.40	15.90	14.14	0.074
	8	9.09	18.75	15.91	17.05	0.196
	12	14.77	16.29	20.45	15.91	0.207
	24	20.45	18.19	20.45	18.19	0.690
	52	19.31	17.05	29.54	21.73	0.343
	104	27.27	18.18	34.09	19.32	0.199
PRTEE	0	44.00	9.13	58.25	13.75	0.000
	2	24.75	12.00	35.00	17.63	0.017
	4	23.50	13.25	27.50	14.50	0.055
	8	19.75	13.75	26.75	17.00	0.048
	12	15.00	12.75	23.75	17.50	0.032
	24	8.00	13.25	24.00	17.88	0.000
	52	6.50	10.38	14.50	15.63	0.025
	104	2.50	6.50	10.00	14.75	0.010
ΔPRTEE (vs week 0)	2	14.75	11.00	14.50	14.00	0.715
	4	20.75	11.88	23.00	18.38	0.274
	8	24.25	14.50	27.50	14.75	0.324
	12	27.50	14.13	29.50	17.00	0.464
	24	35.50	17.25	28.00	18.75	0.354
	52	31.00	14.88	33.00	19.00	0.323
	104	37.50	14.00	40.00	16.25	0.186

Legend: QD, Quartile Deviation; PROMs, patient-reported outcome measures; VAS, Visual Analog Scale; QDASH, quick version of Disabilities of the Arm, Shoulder and Hand score; PRTEE, Patient-Rated Tennis Elbow Evaluation.