

# Efficacy and Safety of an Oral Nutritional (Dietary) Supplement Containing *Pinus pinaster* Bark Extract and Grape Seed Extract in Combination with a High SPF Sunscreen in the Treatment of Mild-to-Moderate Melasma: A Prospective Clinical Study

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**Table S1.** Number of subjects (and percentages) reporting their subjective evaluation of different quality parameters.

Quality parameter assessed	Very Difficult	Difficult	Neutral (neither easy nor difficult)	Easy	Very Easy
Using the product	0	0	0	16 (53.3%)	14 (46.7%)
Ingesting the product	0	2 (6.7%)	3 (10%)	13 (43.3%)	12 (40%)
	<b>Too big</b>	<b>Big</b>	<b>Correct</b>	<b>Small</b>	<b>Too small</b>
Size of capsules	0	4 (13.3%)	22 (73.3%)	4 (13.3%)	0
	<b>Too strong</b>	<b>A bit strong</b>	<b>Correct</b>	<b>A bit weak</b>	<b>Very weak</b>
Capsule smell	0	1 (3.3%)	15 (50%)	5 (16.7%)	9 (30%)
	<b>Dislike</b>	<b>Do not like it much</b>	<b>Neutral</b>	<b>Like it</b>	<b>Like it much</b>
Capsule flavour	0	0	18 (60%)	7 (23.3%)	5 (16.7%)

None of the subjects had taken an oral nutritional (dietary) supplement before for the treatment of their skin condition.